



DESCRIPTION	QTY
<b>CARDIO</b>	
TREADMILLS	15
ELLIPTICALS	12
UPRIGHT BIKE	5
RECUMBENT BIKE	6
STAIR STEPPER	2
STEMILL	5
AIR ROWER	3
<b>STRENGTH</b>	
CHEST PRESS	2
PEC FLY / REAR DELT	2
LATERAL RAISE	2
SHOULDER PRESS	2
LAT PULLDOWN	2
ROW	2
BACK EXTENSION	2
TORSO ROTATION	2
ABDOMINAL	2
BICEP CURL	2
TRICEP EXTENSION	2
ASSISTED CHIN / DIP	2
LEG CURL	2
LEG EXTENSION	2
HIP ADDUCTION	2
HIP ABDUCTION	2
GLUTE	1
CALF	1
LEG PRESS	2
<b>MULTI-FUNCTIONAL</b>	
8 STATION JUNGLE GYM	1
DUAL ADJUSTABLE PULLEY (DAP)	2
CROSSFIT RIG OR SYNERGY 360 STYLE	1
<b>PLATE LOADED</b>	
SMITH MACHINE	2
LINEAR LEG PRESS	2
HACK SQUAT	1
V SQUAT OR SUPER SQUAT	1
SEATED CALF RAISE	2
INCLINE LEVERAGE ROW	1
HIP THRUST	1
CHEST PRESS	1
INCLINE PRESS	1
SHOULDER PRESS	1
DECLINE PRESS	1
ROW	1
FRONT PULLDOWN	1
HIGH ROW	1
LOW ROW	1
SEATED BICEPS	1
SEATED DIP	1
LEG EXTENSION	1
LEG CURL	1
<b>BENCHES</b>	
OLYMPIC FLAT BENCH	2
OLYMPIC DECLINE BENCH	2
OLYMPIC INCLINE BENCH	1
OLYMPIC MILITARY BENCH	1
0-90 DEGREE ADJUSTABLE BENCH	6
TRICEP SEAT	2
SEATED PREACHER CURL BENCH	2
DECLINE / AB ADJUSTABLE BENCH	2
<b>FREE WEIGHTS</b>	
DUMBBELL SET 5-100LBS, IN 5LB INCREMENTS (20 PAIRS)	2
DUMBBELL SET 5-50LBS, IN 5LB INCREMENTS (10 PAIRS)	2
EZ CURL BARBELL SET 20-110LB	1
STRAIGHT BARBELL SET 20-110LB	1
7' OLYMPIC BAR	7
EZ CURL BAR	2
10,000LBS MIXED OLYMPIC PLATES	1
<b>RACKS</b>	
2 TIER DUMBBELL RACK	5
BARBELL RACK	2
PLATE TREE	4
SQUAT RACK	2